



# AÏKIDO

**Summer Seminars 2019**

**Paul MÜLLER Shihan 7° Dan AIKIKAI &  
Markus HELL 5° Dan AIKIKAI**

**17<sup>th</sup> to 22<sup>nd</sup> August 2019**

**In WATTENS**

**Near INNSBRUCK (Tyrol) Austria**

**4 hours AÏKI-DO per day  
with Bokken et Jo and IAÏ-DO TOHO (30 min)**

**Full board in Hotel \*\*\* Gasthof STEIXNER in  
WEER (4km from Wattens) Double-room with TV, Pool, Sauna,...**

**Full board at hotel \*\*\* Steixner Gasthof : 38. €/day  
Aikido the Week: 150.€, Student: 130.€**

**First Keiko: Saturday 9:30 - 12:00  
Each day: 9:30 - 12:00 & 17:30 - 19:00  
Monday afternoon free.  
Last Keiko: Thursday 18th 9:00 - 12:00**

**Dojo address: JUDOZENTRUM  
Sebastian SCHROTT Strasse - 6112 WATTENS**

**Please contact the Hotel for accommodation :  
[office@gasthof-steixner.at](mailto:office@gasthof-steixner.at)**

**Tel.: + (43 ) 5224/ 67581**

**Other Summer Seminar: In the National Sport Center  
CREPS of BOULOURIS at Saint RAPHAËL –French Riviera –  
from 30th June to 7th July 2019.**

**See <http://www.aikido-paul-muller.com>**